



## **Wangaratta fun run gets legs**

### Profits to go to Little Athletics Club

Australian Ultra Running Champion Sharon Scholz is hosting a fun run in Wangaratta on Sunday 9 January 2011. After gaining Council approval for the run to be conducted along the One Mile Creek Running Path, final preparations for the event are now well advanced.

"Yes" says Sharon "Justin and I have determined that the Little Athletics Club is the best place for proceeds. Encouraging a fit and healthy lifestyle starts with our children and the organizations and clubs that provide these opportunities. If Justin and I can encourage the community to become more healthy and active in some small way then that's fantastic".

The main run on offer is 10km, but in catering for everyone there is also a 5km run or walk and shorter U12 kids run. The runs will start and finish at Batchelors Green and head North along the One Mile Creek bike path to a turn around point near Waldara Drive (10k). The 5km turn point will be near the back of the Appin Park Primary School.

These runs are about participation and so Sharon is keen to see as many new faces as possible. "Yes, I'm especially keen to help the first time runners and the walkers that don't usually enter events", says Sharon. "So much good comes out of being active and so I encourage everyone to attend. Sure there will be some quick runners, but this is no elite race. It's an event which everyone can enjoy".

Sponsorship is critical to the success of the run and so Sharon is currently chasing more sponsors. "We've already secured some terrific sponsorship" says Sharon, "but we are still looking for more sponsors so we can have a good prize pool and still be able to donate as much as possible to the Little Aths; so if I don't come knocking on your door please make contact with us through the website or by phoning 0407 081 070."

The generosity of sponsors has also allowed very low entry fees and even with those low fees the Scholz's are optimistic of having some good profits to go to the Little Athletics Club. "It all hinges on the final sponsors we attract and their level of generosity really. Our time (Sharon & Justin) is provided free of charge of course so other than direct costs for anything that we can't get sponsorship for 100% will go to the Little Aths", says Justin. "After that it's about participation and so we need to see as many people enter as possible".

The cost of the 10k run is just \$12 for online entry, \$10 for the 5k run or walk and just \$3 for the kids run. These low entry prices should help to ensure the event focuses on inclusiveness and maximizes participation. Online entries will be taken from 30 October and early entrants will receive a "goodies" bag on race day.

The Scholz's will also welcome support on the day so if you could spare some time to help with entries, course marshaling, drink station attendance or results recording please make contact with them through the website or by phone.

Further details and an opportunity to check out course details and enter online are available at Sharon's website, [www.sharonscholz.com/funruns.html](http://www.sharonscholz.com/funruns.html)